

05. LIFESTYLES, GLOBAL HEALTH, AND MULTIORGAN DAMAGE: MULTIPROFESSIONAL APPROACHⁱ	
Level I	
Department of Experimental and Clinical Medicine (DMSC)	
Course coordinator	Fabio Marra
Executive Committee	Francesco Vizzutti Stefano Gitto Guido Mannaioni
Contact person for information regarding teaching organization, class schedule, content of the Course	Stefano Gitto stefano.gitto@unifi.it Phone 055 794 7470
Practical-professional profile of the course and industry sector of reference	<p>The Course aims to offer a multi-professional and interdisciplinary view on the impact of lifestyle on health, focusing on liver and lung disease. An in-depth study will be reserved for the role of alcohol and tobacco use disorders in affecting health. However, an analysis of psychosocial and nutritional aspects affecting lifestyles and substance use disorders will also be conducted.</p> <p>The Master aims to meet the training needs of various professionals. All learners will undergo training to create a cultural background on the centrality of lifestyle in the individual's health with a focus on the harms related to alcohol and tobacco use disorder.</p> <p>To this end, the training activities will be divided into three blocks: the first designed to offer a comprehensive view of the issue with social and epidemiological aspects, the second more inherent to clinical issues, and the third deepening the psychosocial dimension.</p> <p>At the end of the Course, learners will have acquired the following knowledge/competencies/skills: they will have a comprehensive view and a global approach to the issues inherent in an incorrect lifestyle. They will be able to highlight the prospects for health and social growth that can result from taking care of the individual.</p>
Access prerequisites	<p>Bachelor's degree obtained in accordance with the system under Ministerial Decree No. 270/2004 (or degree under Ministerial Decree No. 509/1999 equated under I.D. July 9, 2009) in one of the following classes:</p> <ul style="list-style-type: none"> • L-5 Philosophy • L-13 Biological Sciences; • L-22 Exercise and Sport Sciences • L-24 Psychological sciences and techniques; • L-26 Agri-Food Science and Technology; • L-29 Pharmaceutical Science and Technology; • L-39 Social Work; • L-40 Sociology • L/SNT1 Class of degrees in nursing and midwifery health professions; L/SNT2 Class of degrees in rehabilitation health professions; L/SNT3 Class of degrees in technical health professions; L/SNT4 Class of degrees in prevention health professions or equivalent degree under Law No. 1/2002, provided it is combined with a high school diploma; <p>Master's degree obtained in accordance with the system under Ministerial Decree No. 270/2004 (or specialist degree under Ministerial Decree No. 509/1999 equated under I.D. July 9, 2009) in the class</p> <ul style="list-style-type: none"> • LM-13 Pharmacy and Industrial Pharmacy • LM-41 Medicine and Surgery

	<p>Degree awarded according to a system prior to Ministerial Decree No. 509/1999 in</p> <ul style="list-style-type: none"> • Pharmaceutical biotechnology • Biotechnology - Medical biotechnology curriculum • Biotechnologies • Chemistry • Pharmaceutical chemistry and technologies • Pharmacy • Philosophy • Biomedical engineering • Medical engineering • Medicine and surgery • Psychology • Biology • Food sciences and technologies • Natural sciences • Sociology <p>Degree awarded according to a system prior to Ministerial Decree No. 509/1999 of closely related content, deemed suitable by the Executive Committee or a Commission specifically appointed by it.</p>
How the admission procedure takes place	Selection by academic qualifications
Duration	9 months
Teaching methods	Synchronous and asynchronous remote modes (GMEET and WEBEX platforms)
Language of instruction	Italian
Attendance requirements	minimum 67%
Location of the Course	The Course will be entirely online
Foreseen lecture schedule	Classes will be held on a single day once a week, alternating Friday and Saturday.
Examinations procedures and schedule	There will be three tests. One at the end of the first module. One at the end of the second. The last one at the end of the Course.
Final examination	The final examination consists of the presentation of a final paper.

Available places and enrolment fees	
Full-fee students	
Minimum number	8
Maximum Number	30
Enrolment fee	€1500
Free-of-charge supernumerary places	
AOU Careggi Employees	1
USL Toscana Centro Employees	2
SINGLE MODULES	
None planned	

Description of the activities and training objectives of the internship	The practical training activity will deepen the technical and practical aspects of the concepts learned during the Course. In particular, attention will be paid to the exercise of multi-professionalism in the care of the patient with the wrong lifestyle concerning smoking and alcohol use disorder. Simulation systems and additional online
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	practical training modes will be used.
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	Observational activity. 75 total hours of internship.
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ⁱ This document is a translation of the form A.1 relating to the characteristics of the course attached to the Decree of the Deputy number 873 (record 158006) of 25th of July 2022, drafted in Italian and issued on the Master | Didattica | Università degli Studi di Firenze | UniFI and which therefore constitutes the only official document. This English translation cannot be used for legal purposes and has the sole purpose of supplying information in English on the content of the public notice.